



# PACKING CHECKLIST

Travel is what we do best  
and we are experts at it.

Let us help to prepare you  
for your next adventure.

## PRE-DEPARTURE

- Passport/Visa(s)
- Health Insurance Documents
- Transportation Tickets
- Emergency Information
- Reservations & Itineraries
- Hotel/Tour Contact Info
- Hotel Loyalty/Hostel Membership Cards
- Student ID/Frequent Flyer Cards
- Cash & Credit/ATM Card(s)
- Guide Books & Maps
- Personal Identification
- Copies of Tickets/Passports/etc.
- Check expiration dates on passport, Drivers License, and Credit Cards
- Research your destination(s) local customs to be culturally aware/sensitive
- \_\_\_\_\_

## HOME CHECKLIST

- Advise bank of future foreign credit card use
- Have post office hold mail
- Stop deliveries
- Arrange care of pets, lawn & plants
- Prearrange school absences for children
- Empty refrigerator
- Unplug appliances
- Turn off heater/air conditioner
- Turn down water heater
- Lock all doors and windows
- Store valuables in a safe place
- Pre-pay bills
- Leave house key and trip itinerary with a neighbor
- Leave flight and hotel itineraries with a relative
- Reconfirm/check-in online with airline
- \_\_\_\_\_

## MY TRAVEL GEAR

- Main Travel Bag (Luggage/Pack/Duffel)
- Pack-It™ (for packing clothes, small stuff and toiletries)
- Comfort & Security Items
- Day Bag & Travel Wallet

## EVERYDAY BASICS

- Smart Phone & Charger
- Music Player
- Hat
- Scarf/Bandana
- Rain Jacket/Umbrella
- Sunglasses
- Travel Footwear
- Water Bottle
- Travel Pillow/Eye Shade/Ear Plugs
- Tissues/Toilet Paper
- Camera, Memory Card & Charger
- Electric Converters & Adapters
- Binoculars
- Travel Alarm
- Language Book
- Travel Journal & Pen
- Address Book
- Reading Materials & Games
- Watch
- Lightweight, Easy Care Clothing
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## MAINTENANCE ITEMS

- Headlamp/Flashlight
- Extra Batteries, Memory Card
- Sewing Kit
- Clothing Care Kit/Clothesline
- Motion Bands
- Duct Tape
- \_\_\_\_\_

## TOILETRIES

- Toiletry Kit
- Comb/Brush
- Toothbrush/Paste/Floss
- Deodorant/Soap
- Skin Care Lotion/Creams/with SPF
- Shampoo & Conditioner
- Shaving Kit
- Glasses & Eyeglass Case
- Extra Contact Lenses, Solution & Case
- Scissors, Nail Clippers & Tweezers (pack in checked luggage)
- Travel Towel
- Travel Bottle Set
- Mirror
- \_\_\_\_\_

## TRAVEL HEALTH

\*Consult your health center or physician for help in planning your trip's medication needs.

- Extra Contact Lenses, Solution & Case
- Travel Health Information
- Pain Reliever
- Fever Reducers
- Cold Medicines
- Diarrhea/Laxative Medicines
- Personal Prescriptions
- Vitamins
- Throat Lozenges
- Sunscreen/Lip Balm with SPF
- Sunburn Relief
- Insect Repellent
- Antibacterial Ointment/Hydrocortisone Cream
- Personal Hygiene Items
- Hand Sanitizer
- First Aid Kit
- Water Purification System
- \_\_\_\_\_

Find more travel tips at [eaglecreek.com](http://eaglecreek.com)



## FIND YOUR UNKNOWN

Follow Our  
Adventures

